

## Health and Social Care Training Courses

### **New Courses**

Moving and Handling – Full day or half day refresher  
Paediatric Moving and handling – Full day or half day refresher  
Mental Health First Aid  
Mental Health First Aid Youth (launched 10<sup>th</sup> November 2010)  
'The Professional Communicator'

### **3 hour workshops**

#### **For care workers (care homes/domiciliary agencies)**

Basic Food Hygiene  
Challenging Behaviour  
Communication and Record Keeping  
C.O.S.H.H.  
Dementia Care  
Deprivation of Liberty (DOL)  
Emergency First Aid Awareness  
Fire Awareness  
Health and Safety Awareness  
Infection Control  
Medication Awareness  
Mental Capacity Act (MCA)  
People Handling Awareness (Theoretical)  
Safeguarding Vulnerable Adults

#### **For child care workers**

Activities for Religious Festivals  
Creative Activities for Children  
Early Reading and Writing Skills  
Learning through Play  
Managing Children's Behaviour  
Nursery Rhymes Workshop  
Safeguarding Children  
Story Props  
Storytelling Techniques and Puppets  
Understanding Special Needs  
Attachment Theory  
Working with Young people

### **For carers (friends and family)**

Awareness of Personalised Budgets  
Bespoke Manual Handling  
First Aid Awareness  
Risk Assessments for Care Workers

### **For parents**

Basic First Aid for Babies/Children (non accredited)  
Childhood Illnesses  
Development of Young Children  
Health and Safety in the Home  
Importance of Effective Communication/Social Skills with Babies and Young Children  
Nursery Routine  
Parenting Skills  
Play at Home (using household objects)  
Understanding Challenging Behaviour  
Communication Skills

### **Longer Courses**

Common Induction Standards  
CIEH Level 2 Food Safety in Catering  
CIEH Level 2 Manual Handling  
Emergency first aid at work  
HSE Emergency First Aid at Work Certificate  
Paediatric First Aid  
Personalised Budgets – For HSC professionals, care providers and service users  
'Tomorrow is Another Day'

### **Qualification Credit Framework (QCF) courses**

Level 2, 3 and 4 Certificate for the Children and Young People's workforce  
Level 2, 3 and 4 Health and Social Care  
Level 5 Leadership and Management

### **Counselling**

CPCAB Certificate Initial Counselling Skills  
CPCAB Certificate Intermediate Counselling Skills  
Foundation Degree in Integrative Counselling

### **Other**

Good Practice Workshops – One Hour Seminars

**Please contact Jackie Fotheringham on 020 8853 7034 or at [jackief@gcc.ac.uk](mailto:jackief@gcc.ac.uk) for further information**